

**25 years working together**  
to help our neighbors become  
free from hunger and  
homelessness



**Staff**

**Arna Yetter**, Executive Director  
**Tom Mulhere**, Resource Director  
**Alexis Walstad**, Communications and Program  
Services Director

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it’s the only thing that ever has.” This familiar saying by Margaret Mead has a special meaning to us at Open Your Heart to the Hungry and Homeless. We were founded in 1986 by a small group of State of Minnesota employees who wanted to create a nonprofit organization to address the growing need for food and shelter. Today we carry that mission into our 25th year of service with the support of people like you.



2010 was a challenging year for the people and agencies we serve.

Many of our friends and neighbors worried about having enough money to pay their mortgage or their grocery bill. Food shelves and homeless shelters worked hard to help more people with fewer resources. But thanks to the generosity of our donors, Open Your Heart was able to increase our grant funding by 7.5 percent when it was needed most. These grants helped food and shelter providers fill urgent, unmet needs for items such as new beds, refrigerators and school supplies so they can help people in crisis get back on their feet.



We also found new ways to leverage our funding to provide even more healthy food for our neighbors who don’t have enough to eat. Open Your Heart awarded a grant to Hunger Solutions Minnesota that enabled them to earn federal stimulus funds for a \$1 million initiative to feed hungry kids during the summer. Also in partnership with Hunger Solutions, we launched a challenge grant for food shelves to help them raise more support in their communities.

These accomplishments in the midst of great challenges show what is possible when thoughtful, committed citizens come together around the vision that every Minnesotan should be free from hunger and homelessness. We thank all of you who have joined us over the past 25 years as donors, volunteers and partners. We ask for your continued support as we strive to make our shared vision a reality.

With deepest gratitude,

Arna Yetter  
Executive Director

Yoji Shimizu  
Board President

**Board of Directors**

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Yoji Shimizu, President  
Jeff Zibley\*

**Board Members Emeritus**

Mike Fratto\*  
Ed Retka\*

\*Open Your Heart thanks these individuals who no longer serve on our Board of Directors for the many contributions they have made to our organization.

**Revenue and Expenses**

	2010	2009
<b>REVENUE</b>	\$969,853	\$909,682
<b>EXPENSES</b>		
Program Services	\$860,706	\$784,030
Management	\$43,747	\$42,612
Fundraising	\$69,176	\$97,646
<b>TOTAL EXPENSES</b>	<b>\$973,629</b>	<b>\$924,288</b>

**Workplace Giving Campaigns 2010**

Charitable giving in the workplace provides the majority of Open Your Heart’s funding. With this generous support, we are able to provide vital resources to help people in our community.

**Corporations**

C.H. Robinson Worldwide, Inc.  
Fredrikson & Byron, PA  
Kennedy & Graven, Chtd.  
Mackall, Crouse & Moore, PLC  
McGrann Shea Carnival Straughn & Lamb, Chtd.  
Meyer, Scherer & Rockcastle, Ltd.  
Slocum  
Tapemark Company

**Educational Institutions**

AchieveMpls  
Hamline University  
Minneapolis Public Schools  
Minnetonka Public Schools  
Mounds View Public Schools  
St. Louis Park Public Schools  
St. Paul Public Schools  
Stillwater Area Public Schools  
University of Minnesota – Duluth  
University of Minnesota – Twin Cities  
University of Minnesota Physicians Group  
University of St. Thomas

**Government**

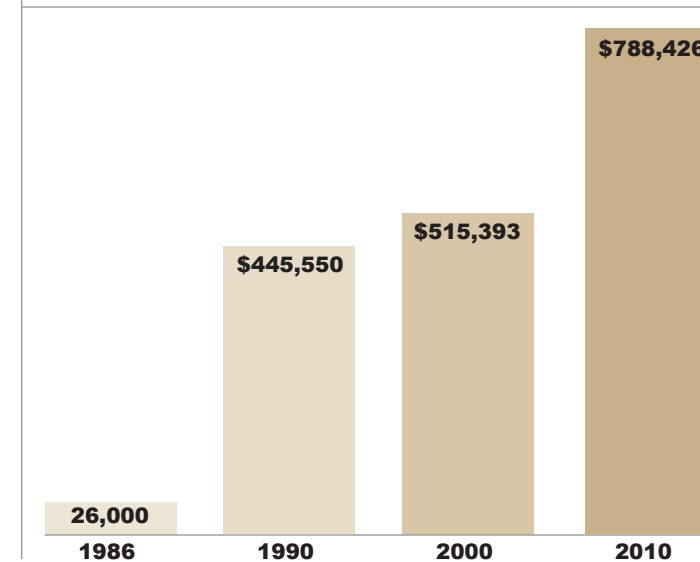
City of Apple Valley  
City of Bloomington  
City of Fridley  
City of Minneapolis  
City of Plymouth  
City of St. Paul  
Dakota County  
Hennepin County  
Metropolitan Council  
Northern Lights Combined Federal Campaign  
Ramsey County  
State of Minnesota  
Three Rivers Park District  
Washington County

**Nonprofits**

American Public Media Group  
Community Health Charities of Minnesota  
Ecumen  
League of Minnesota Cities  
Minnesota Council of Nonprofits  
Minnesota Environmental Fund  
Public Radio International  
St. Paul Chamber Orchestra  
United Arts Fund  
Walker Art Center



**Total Grants Awarded by Open Your Heart**



[www.oyh.org](http://www.oyh.org)

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facebook.com/oyheart

linkedin.com –  
Group keyword: “Open Your Heart”



**People like you**  
Hunger and homelessness  
affect children, seniors  
and working adults

[www.oyh.org](http://www.oyh.org)



**OPEN YOUR HEART**  
TO THE HUNGRY AND HOMELESS



Open Your Heart helps thousands of kids get the resources they need to stay in school while their families are homeless.

## Helping homeless kids get off to a fresh start in a new school

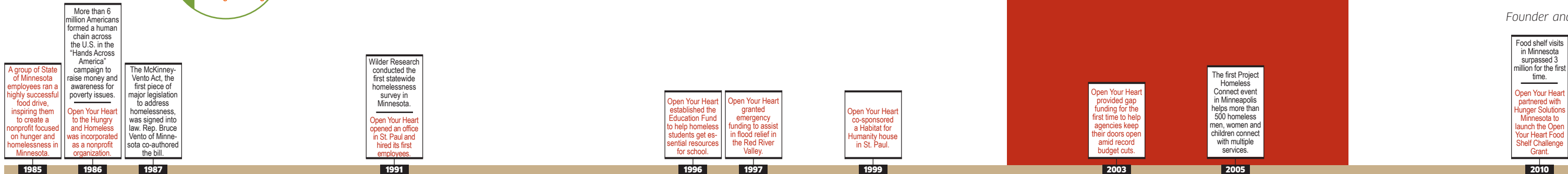
It was 17 degrees outside the day Dorothy\* and her three children—Eva, 6; Taliya, 7; and Aiden, 9—arrived at the Haven of Hope shelter in Red Wing, and they had no winter clothes. Dorothy and her kids were fleeing her abusive husband and had hoped to stay with her sister until they could find a place to live. When her sister told them she had no room, they turned to Haven of Hope, a domestic violence shelter run by HOPE Coalition. Thanks to Open Your Heart's Education Fund, the children were able to attend their first day of school with new winter clothing and backpacks filled with the necessary supplies to make their transition into a new community easier.

*\*Names have been changed to protect privacy.*



—Linda Woodstrom, former Board Vice President

“Everyone I worked with was very committed to Open Your Heart because their mission is so basic and essential and the organization so streamlined and effective. I feel fortunate to have been part of such a worthwhile organization.”



## Rising to the challenge of feeding hungry families

Open Your Heart to the Hungry and Homeless partners with Hunger Solutions Minnesota to distribute funding for fresh produce, meat and dairy products to food shelves and food banks statewide. In 2010, for the first time, Hunger Solutions offered Open Your Heart's funding as a challenge grant to food shelves.

More than 150 food shelves stepped up to the plate and raised \$1,035,834 in one month. The Open Your Heart funds were distributed to participating food shelves based on the amount they raised.

One of the top fundraisers was the Hibbing Food Shelf. The food shelf received \$12,500 from the Open Your Heart grant and individual donors responding to the challenge.



“We raised a good amount of money in a short amount of time,” said Carol Voss, Executive Director of the Hibbing Food Shelf. “We are grateful to Open Your Heart.”

“Some of our seniors only get \$16 in food stamps, and

I know a family of five with three teenagers who only receive \$300 in food stamps,” Voss said. “This funding helped us meet our goal to give all visitors enough food to get through the month.”

Food shelves are a lifeline for many seniors who receive as little as \$16 per month in food support.



## Corporate, Foundation and Organization Donors

- ADC Foundation
- Capella University
- C.H. Robinson Worldwide, Inc.
- Cub Cares Community Foundation
- Culligan Water Conditioning of Minnetonka
- I Do Foundation
- IWJ Charitable Foundation
- Kowalski's Markets Eagan, Eden Prairie, Grand, Parkview, Uptown, White Bear Lake and Woodbury locations
- Ladies Niata Association
- McGrann Shea Carnival Straughn & Lamb, Chartered
- Minneapolis Convention Center
- Minnesota Association of Professional Employees Local 501 and 601
- MOM Cares Employee Foundation
- Otto Bremer Foundation
- RBC Foundation USA\*
- St. Jude Medical
- St. Jude Medical Foundation
- Securian Foundation\*
- Tapemark Company
- The Saint Paul Foundation
- Trompe Decorative Finishes

*\*These contributions represent an employee gift match or volunteer service award.*

## Cooking healthy meals and learning to live independently

When staff members at RESOURCE Recovery Center (RRC) in Minneapolis applied for a General Grant to purchase new oven ranges, safety was their primary concern. The old gas stoves in their transitional housing apartments had caused hazardous gas buildup and even a few small grease fires.

What they didn't expect was how much the new stoves would encourage their residents, formerly homeless adults recovering from drug and alcohol addictions, to cook healthier meals.

“Our residents were highly energized by the new stoves, and staff was relieved because of the safety issues,” said Gary Stevens, Executive Director of RESOURCE.

RRC's mission is to assist homeless people devastated from alcohol and drug abuse to recover from those addictions. RRC works with them so they can gain daily living skills, build a positive support network and find a place to live and a job.

One way RRC helps residents build a healthier lifestyle is by teaching them how to prepare nutritious meals through weekly cooking classes. Stevens said, “These classes are important because they address both sobriety and nutrition—and, more importantly, the relationship between sobriety and nutrition.”



“Open Your Heart has grown a lot, but in reality, it's still the same organization. Its success has always been defined by Minnesotans' commitment to providing for the less fortunate.”

—Mike Fratto, Founder and former Board President

## General Grants 2010

General grants help agencies providing food and shelter throughout Minnesota obtain the necessary supplies, equipment and improvements to their facilities in order to serve people in need.

- 360 Communities (formerly Community Action Council), Burnsville
- Aeon, Minneapolis
- Ain Dah Yung Center, St. Paul
- Al-Maa'uun, Minneapolis
- Ascension Place, Minneapolis
- Asian Media Access, Minneapolis
- Avenues for Homeless Youth, Minneapolis
- Bridge for Youth, Minneapolis
- Building Blocks of Islam, Minneapolis
- Central Minnesota Task Force on Battered Women, St. Cloud
- Christians Reaching Out in Social Service, Rogers
- Churches United in Ministry, Duluth
- Clear Waters Life Center, Clearbrook
- Community Café, Grand Rapids
- Dakota Woodlands, Eagan
- Damiano of Duluth, Duluth
- Emergency Foodshelf Network, New Hope
- Emma Norton Services, St. Paul
- Faith United Methodist Church, Superior, WI
- Families Moving Forward, Minneapolis
- Family Housing Fund / Project Homeless Connect, Minneapolis
- Family Housing Fund / Project Homeless Connect, St. Paul
- Helping Hands Emergency Services, Mahanomen
- Hope Community, Minneapolis
- House of Charity, Minneapolis
- Hunger Solutions Minnesota, Statewide
- Intercongregation Communities Association, Minnetonka
- Kingswood Church, Blaine
- Listening House, St. Paul
- Metro-wide Engagement on Shelter and Housing, Minneapolis
- Milaca Area Pantry, Milaca
- Minnesota Assistance Council for Veterans, St. Paul
- Minnesota Coalition for the Homeless, St. Paul
- Our Saviour's Outreach Ministries, Minneapolis
- Partners for Affordable Housing, Mankato
- People Incorporated, St. Paul
- People Responding in Social Ministry, Golden Valley
- RESOURCE, Minneapolis
- Ruth's House of Hope, Faribault
- Safe Haven Shelter for Youth, Shakopee
- The Salvation Army, Austin
- The Salvation Army, Roseville
- The Salvation Army, Minneapolis
- Second Harvest North Central Food Bank, Grand Rapids
- Sharing and Caring Hands, Minneapolis
- Sharing Kerner Foodshelf, St. Paul
- Sjournier Project, Hopkins
- Someplace Safe, Fergus Falls
- St. Louis Park Emergency Program, St. Louis Park
- St. Stephen's Human Services, Minneapolis
- Tubman (formerly Tubman Family Alliance), Minneapolis
- Victory Celebration Church and World Ministries, Roseville
- Waseca Area Neighborhood Service Center, Waseca
- Winona Volunteer Services, Winona
- YWCA, St. Paul

Residents at RESOURCE Recovery Center have gotten more excited about cooking since receiving new stoves with funding from Open Your Heart.

